

GROWING LEGUMES

WHAT ARE WE GOING TO DO?

We are going to grow different species of legumes: chickpeas, lentils and beans. You can choose the one you like best for your crop. We will plant them in a container with cotton and we will observe them for several weeks to see how they grow and change. In addition, we can water them during this time if we see that they need it.

WHAT MATERIAL ARE WE GOING TO NEED?

- A container to plant the legumes (it can be glass or plastic, and if it is recycled the better!)
- Cotton
- A few legumes (chickpeas, lentils and / or beans)
- A glass of water

STEPS TO FOLLOW:

1. We put a little cotton inside the container, more or less halfway.
2. We introduce the pulses a few cm from the surface of the cotton.
3. Optionally, we can place some small posters with the information that we consider of each crop (for example: the name of the vegetable, the date of the crop, who prepared the crop, etc.).
4. We put a little water in the crop.
5. We leave it for a few weeks in a warm place with ambient light (not direct).
6. During this time we will review it to see how it grows and to add water if it needs it.